



AUDITORY LEARNERS



AUDITORY LEARNING STYLE

Auditory learners are people who learn best while actively listening. Here are some hints that you might be an auditory learner:

- You often talk to yourself, read out loud, or move your lips while you are reading.
- You enjoy discussions, debates, learning from others, and explaining things to others.
- You would prefer to have something explained to you rather than read about it yourself.
- You remember a lot from lectures, but may struggle to take notes or learn from textbooks.
- Sometimes you seem disruptive in class, but you find that talking to the people sitting beside you helps you learn.
- You have a great memory for music and lyrics, and you often sing, hum, or whistle to yourself.
- You follow spoken directions well.

If this sounds like you, then you may be an auditory learner! Here are some tips and suggestions to help you take advantage of your ability to remember what you hear.

Here are some time budgeting guidelines:



SCHEDULING & TIME MANAGEMENT

- If you have a hard time remembering written information, such as when assignments are due, put them all on a calendar so it becomes clear what is due when.
- Use a voice memo app on your phone to record reminders for yourself throughout the day. Listen to them at night to organize your 'to do' list for the next day.



IN THE CLASSROOM

- Try to ask questions during class. This will keep you engaged and give you an opportunity to hear more explanations of the material.
- If your teacher gives you permission, audio record the lecture so you can listen to it again while doing other activities.
- Don't sit next to other students who distract you with chatting or other disruptive behavior. Sit close to the instructor in order to hear them clearly.

