



VISUAL LEARNERS



VISUAL LEARNING STYLE

Visual learners are those who learn best through seeing things. They use images, pictures, colours, and maps to organize information and communicate with others. Here are some hints that you might be a visual learner:

- You remember information better if you write it down.
- When you are struggling to understand something you use the phrase, "I can't quite picture it".
- You enjoy drawing, scribbling, and doodling, and you often do so in your notes.
- When you take a test, you see the textbook page in your head.
- You have a good sense of direction.
- You forget names but remember faces.
- You are interested in visual art, design, architecture, photography, video/film work, strategic planning, or navigation.
- You are attracted to written or spoken language rich in imagery.

If this sounds like you, then you may be a visual learner! Here are some tips and suggestions to help you learn in a visual way.

Here are some time budgeting guidelines:



SCHEDULING & TIME MANAGEMENT

- Using planners and calendars is a great way to visualize the time you have and how you want to spend it.
- Use a date book or spreadsheet to make a list of your assignments in order of due date, so you do not forget about anything.



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- Write things down. Take notes in class and write down any directions that are given for homework or exam preparation. You will remember it better if you write it down.
- Use coloured pens to make your notes colourful.
- Sit near the front of the class to avoid visual distractions and so you can see your teacher's body language and facial expressions better.
- Participate in class to stay involved and alert.

